Lakes
Streams
State capital
100,000 – 499,999
25,000 – 99,999
24,999 and less
Des Moines
Cedar Rapids
Sioux City
Fairfield
Transportation
Interstate; limited access highway
Other principal highway
Railroad
Physical features
Streams
Lakes
Highest elevation in state (feet)
+1670
The lowest elevation in Iowa is 480 feet above sea level (Mississippi River).